

Hours	SST Course Topics	DOB Approved Course Equivalent	Type
1	Electrocution Prevention	8-Hour Master and Special Electrician Renewal	General Elective
1	Fire Protection and Prevention	40-Hour Site Safety Manager* 8-Hour Site Safety Manager Refresher* 8-Hour Site Safety Coordinator*	General Elective
1	First Aid and CPR	none	General Elective
1	Handling Heavy Materials and Proper Lifting Techniques	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	General Elective
1	Health and Safety Programs in Construction	none	General Elective
1	Hoisting and Rigging	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	General Elective
1	Materials Handling, Storage, Use, and Disposal	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	General Elective
1	Protection From Sun Exposure	none	General Elective
1	Repetitive Motion Injuries	none	General Elective
1	Stairways and Ladders	OSHA Awareness 4 Hour Fall Protection	General Elective
1	Tools - Hand and Power	40-Hour Site Safety Manager* 8-Hour Site Safety Manager Refresher* 8-Hour Site Safety Coordinator*	General Elective
8	Chapter 33 Site Safety	40-Hour Site Safety Manager* 8-Hour Site Safety Manager Refresher* 8-Hour Site Safety Coordinator*	Prescribed Course
2	Drug and Alcohol Awareness	none	Prescribed Course
4	Fall Prevention (4-Hour)	none	Prescribed Course
8	Fall Prevention (8-Hour)	none	Prescribed Course
2	Pre-Task Meetings	none	Prescribed Course
4	Scaffolds-Supported	4 Hour Supported Scaffold 32 Hour Supported Scaffold User 8 Hour Supported Scaffold Refresher	Prescribed Course
2	Site Safety Plans (SSP)	40-Hour Site Safety Manager* 8-Hour Site Safety Manager Refresher* 8-Hour Site Safety Coordinator*	Prescribed Course
2	ToolBox Talks	none	Prescribed Course
1	Asbestos/Lead Awareness	none	Specialized Elective
1	Concrete and Masonry Construction	30-Hour Concrete Safety Manager 8-Hour Concrete Safety Manager Refresher	Specialized Elective
1	Confined Space Entry	OSHA Awareness 4 Hour Confined Space	Specialized Elective
1	Cranes, Derricks, Hoists, Elevators, and Conveyors	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	Specialized Elective
1	Demolition Safety	40-Hour Site Safety Manager* 8-Hour Site Safety Manager Refresher* 8-Hour Site Safety Coordinator*	Specialized Elective
1	Ergonomics	none	Specialized Elective
1	Excavations	40-Hour Site Safety Manager* 8-Hour Site Safety Manager Refresher* 8-Hour Site Safety Coordinator*	Specialized Elective
1	Flag Person	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	Specialized Elective
2.5	Foundations for Safety Leadership	40-Hour Site Safety Manager* 8-Hour Site Safety Manager Refresher* 8-Hour Site Safety Coordinator*	Specialized Elective
1	Job Hazard Analysis	40-Hour Site Safety Manager* 8-Hour Site Safety Manager Refresher* 8-Hour Site Safety Coordinator*	Specialized Elective
1	Motor Vehicles, etc.	none	Specialized Elective
1	Personnel Lifts/Aerial Lifts/Scissor Lifts Safety	16-Hour Rigging Worker* 8-Hour Rigging Worker Refresher* 30-Hour Special Rigger* 8-Hour Special Rigger Renewal* 30-Hour Master Rigger* 8-Hour Master Rigger Renewal* 32-Hour Rigging Supervisor* 16-Hour Rigger Supervisor Refresher*	Specialized Elective
1	Risk Assessment and Accident Investigation	40-Hour Site Safety Manager* 8-Hour Site Safety Manager Refresher* 8-Hour Site Safety Coordinator*	Specialized Elective
1	Scaffolds-Suspended	16-Hour Suspended Scaffold User* 8-Hour Suspended Scaffold User Refresher* 32-Hour Suspended Scaffold Supervisor* 8-Hour Suspended Scaffold Supervisor Refresher*	Specialized Elective
1	Steel Erection	none	Specialized Elective
1	Welding and Cutting	none	Specialized Elective

* The hours in a DOB-approved Course Equivalent course can be applied to the same number of hours in any or all of the corresponding SST Course Topics. Hours can only be applied once.

For example: the 8-Hour Site Safety Manager Refresher course can give 8 hours credit for the 8-Hour Chapter 33 Site Safety course **OR** 8 hours credit towards a combination of other corresponding SST Course Topics **BUT NOT BOTH**